

# KENBIKI HOLISTIC THERAPY TESTIMONIALS

"I was slightly worried before the massage as I do have issues with my back and I was worried I would not be able to enjoy the massage as I would be too tense.

I was made to feel very relaxed in a friendly and comfortable environment. What was happening was clearly explained to me and began to relax.

I was constantly re-assured that I was in safe hands, as I was told to be vocal if I felt any pain or discomfort. If I did come across any tender or painful areas they were dealt with, with great consideration and eventually any tense or tender areas eased with gentle work.

I have come away from the massage feeling literally like a weight had been lifted from my shoulders. I feel a lot more able bodied and less tense, I feel generally relaxed calm and happy. Any pain I experienced was due to my existing back problem, and did not compare to the pain I was before. It was also worth it for the ease I feel now. No negatives.

- Samantha -

"I've had the pleasure of receiving a massage from Kamila and it was brilliant! I had danced the entire day and my back, neck and shoulders were extremely painful, but after only 30 minutes of Kamila working her magic, I felt like new and was able to spend that same night dancing till the small hours.

I've had lots of massages over the last 8 years and I must say she's one of the best out there!"

- Ramona -

"A great treatment & a lovely lady. Kamila really helped my shoulder pain with her massage. I felt relaxed & at ease during & I instantly felt a difference for the better after. She found knots I didn't even know existed! I would definitely have another treatment with Kamila"

- Bex -

"MY WIFE AND I HAVE HAD THE PLEASURE OF MASSAGES FROM KAMILA - HER PROFESSIONAL ATTITUDE AND SKILLS SHOWN THROUGHOUT THE TREATMENTS WHICH LEFT US ENERGISED AND A SENSE OF WELL-BEING"

- Paul -

"Fantastic massage as ever from Kamila. I felt both relaxed and yet invigorated and able to begin dancing again. Thank you so much Kamila. I will come to you from Dorset so I may have a massage ready for the next event".

- Jo -

"I would and I have always highly recommend Kamila for massage treatment. Kamila seems to know exactly what type of treatment which is needed and seems to find hidden knots in my back that I didn't think would be possible. I always come out of a treatment session feeling loads better and the affects last".

- Anna -

"I have been treated by Kamila for approximately 3 months now and really could not do without her. I am so happy that I have found a massage therapist who is professional and makes me feel comfortable.

I originally visited Kamila to help me to de-stress, for relaxation as well as helping with recurrent back and shoulder ache. From the first treatment I found relief.

Kamila has a true gift and a passion for what she does and you leave feeling both mentally and physically relaxed.

I would not hesitate in recommending Kamila to my friends and family.

I never leave my sessions without booking another treatment with Kamila!!!

I have also purchased the Energetix Magnetic Heart from Kamila and have found that to be most beneficial."

- Louise -